

Primary Care News



December 2022

Welcome to your Primary Care newsletter published by the *Kent & Medway Primary Care Training Hub*.

Check your PLT Calendar 2023

With full out-of-hours cover in place from 1pm-6:30pm, via the usual channels of 111/ SECamb and IC24/MedOCC. Topics to be confirmed at a later date. [View](#) the calendar.

Practice Manager Conference - 2023

This conference is designed for Practice Managers, PCN Managers, Deputy/Assistant Practice Manager will be held on the 1st February 2023 9.30am-4.30pm at the Ashford International Hotel. Find out [more](#) and [book your place](#) now.



Success and celebration at GPN conference

On Friday 18th November, the [Kent and Medway GPN Conference](#) was held, in



collaboration with the LMC and Macmillan, to celebrate the important contribution that our GPNs make to the population in Kent and Medway.

Attendees watched presentations from a variety of guest speakers, such as the GPN Care team, Simulation Faculty, Macmillan, the Community Dietetic Team and even took part in workshops to improve resilience tools. It was a day of networking and celebration. Thank you to all who attended and a huge congratulations to our award winners and runners-up.

Looking after you

Looking after you is a free, rapid access to confidential support for colleagues across Primary Care. Find out more about the [Looking after you](#) service and [communications toolkit](#).

GPwER and PwER: Gain Your Accreditation

Are you a GP or Practitioner who undertakes activities beyond the scope of general practice and that required additional training? The next Kent & Medway Primary Care Training Hub panel will be in June, to deliver GPwER/PwER accreditation to eligible GPs and Practitioners. Read more about [accreditation and criteria](#).



Apprenticeships in Primary Care

Earn and learn with Apprenticeships and choose from a range of qualifications ranging from Level 2 (GCSE-equivalent) to Level 7 (Masters-equivalent) and open to ages 16 and over.

[Support for apprentices with a learning difficulty or disability.](#)

A focus on: Coaching Professional Level 5

[Coaching Professionals](#) work with individuals and teams in various organisations to empower and engage with them to enhance their professional performance. Contact us on kmpcth@nhs.net for more information.

Functional Skills

[Functional Skills English and Maths](#) are requested to start an apprenticeship or to progress in many positions; they provide people of all education levels with accessible skills to improve reading, writing and communications, allow a better understanding of numbers and mathematical concepts, and are one of the most popular qualifications taken by adult learners.

Paramedics in Primary Care

NHS England and Health Education England have co-published [this guidance document](#) which describes the scope of practice of paramedics working in general practice. It includes information on education/development needs, supervision requirements and the differences between enhanced, first contact and advanced levels of practice.

Achieving people centred integrated care through Place-based Learning

Ruth Germaine, ARC KSS Organisation and Research CAPacity (ORCA) Strategy Group member and Kent & Medway Strategic Lead for Advancing Practice and Independent Prescribing has written a [blog](#) discussing the use of Place-based Learning (PLB) in the context of workforce development.



Peer Mentoring: It's all for Primary Care staff

[Peer Mentoring](#) is here to support individuals with the challenges of their personal and professional life, to prevent burn-out and help with personal development.

Anyone working in Primary Care (clinical or non-clinical), whatever their position or seniority in the organisation, can apply for the scheme. Contact kmicb.kmpcthmentoring@nhs.net

Deaf awareness and sign

language workshops



Award-winning Signs4Life is offering deaf awareness and sign language workshops in Kent that may be of interest to healthcare

and/or non-clinical staff in their work with vulnerable service users, families and colleagues. The organisation can come to you, or alternatively, we also offer remote learning via Zoom and Microsoft Teams. Read [for more information](#).

Medical Needs of Adults with Learning Disabilities

A new [training programme](#) has been made available for senior healthcare professionals who care for people with a learning disability. Funded by Health Education England and created by the Royal College of Physicians (RCP) and Edge Hill University, the training is designed to help services meet the medical needs of adults with a learning disability and enable practitioners to provide high-quality and person-centred care. For more information email credential@rcp.ac.uk

Practice Assessor and Supervisor

Training

Canterbury Christ Church University is offering specific training for Practice Assessors/Supervisors:



- Themed forums to explore topics related to practice learning. Find out the [Virtual Practice Learning Forum](#) dates to come.
 - [Virtual Workshops](#) to understand and gain confidence in your role as Practice Assessor/Supervisor.
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Practice Educator E-learning Programme for Allied Health Professionals

This [course](#) will be available for free from November 11th.

Please follow the links below to find out more
and register on the following courses:

- [Understanding Investigations](#)
- [HCA PITstop 1-day Diabetes \(non-registered practitioners\)](#)
- [4-hour PrePITstop Diabetes \(registered practitioners\)](#)
- [Chaperone Training](#)
- [Immunisation and Vaccination – Update for GPNs and AHPs](#)
- [Medical Terminology – Introduction](#)
- [Medical Terminology – Intermediate](#)
- [Quality and Outcome Framework \(QOF\) Training](#)
- [Summarising Medical Records](#)

Qualifications in Travel Medicine

Find out more about 2 online qualifications in Travel Medicine

- [RCPSG Postgraduate Diploma](#) in Travel Medicine
- [Professional Development Certificate](#) in Travel Medicine

Survey for Health & Wellbeing Coaches in Primary Care

Health and Wellbeing Coach and Care Coordinator colleagues: please spare a bit of time to complete the [Survey of health and wellbeing coaches working in primary care - NHS England](#)

Meet Abosede, Safeguarding Practitioner

Abosede (Bose) Umoh, Safeguarding Practitioner for Kent and Medway Primary Care covers all the GP surgeries in the county; Bose is the person to contact for any safeguarding concerns, enquiries, or



consultation with GP surgeries. Contact:

Abosedu.umoh2@nhs.net

NHS Knowledge & Library Services

Webinar: Your library is online: [support for nurses and midwives](#) from NHS knowledge and library services - Tuesday 13 December 12.30 pm

Webinar: [Giving the Gift of Time](#) to help healthcare teams improve patient outcomes and productivity - Tuesday 24 January, 2023 12.30pm

How is the Nursing Associate role viewed?

Canterbury Christ Church University are running a project that [explores the role of Nursing Associate](#) and how it is understood across various stakeholders. For more information contact jacqueline.wier@canterbury.ac.uk

Volunteering in Primary Care

Are you interested in taking on a volunteering student in your practice? The NHS Kent and Medway Youth Volunteering Manager is designing a programme to get young (16-25) year olds to volunteer in practices and other health and care providers, which will enable them to develop valuable skills and experience and hopefully, consider a career in health. For more information on engaging young volunteers, contact Munya.Badze@nhs.net

Stay well this winter

Some information from the NHS to help you [stay well this winter](#) – to share with patients, family and friends.



Desk-Based Yoga – Weekly

Session

Join us [every Tuesday at 1pm](#) for a well-deserved 10min stretch and move session with Jane Taylor.



Financial support

There are resources available to support you if you are struggling financially:

- [Healthcare Workers Foundation](#)
- [Kent Together](#)
- [Kent support and assistance service](#)
- [Money Saving Expert](#)
- [Money Advice Service](#)
- [Simple Energy Advice](#)
- [Help with energy bills if you're renting](#)
- [Citizens Advice](#)
- [Debt Advice](#)
- [Turn2us](#)

Useful resources

- [General practice communication and engagement resources](#)
- [NHS Staff Respect toolkit and assets](#) - The materials encourage patients to treat NHS staff with respect by 'social norming' this behaviour
- NHSE has published a new resource for all nursing and midwifery professionals registered with the NMC and working in the NHS: [Combatting racial discrimination against minority ethnic nurses, midwives and nursing associates](#). The documents support all nurses, midwives and nursing associates across health and care to combat racism and secure their own and their colleagues' wellbeing and psychological safety.

- Click [here](#) for the latest Kent & Medway Better Mental Health and Suicide Prevention Newsletter.
- NHS Digital guidance concerning accelerated online patient access can be found [here](#). SCW have been providing workshops to help Practices prepare – they can be contacted by emailing training.scwcsu@nhs.net

Follow us on social media

Follow our [social media channels](#) to keep up to date with upcoming training and news from across primary care.



The KMPCTH Newsletter is created by the Communications Team.
The deadline to submit news and updates is the **last day of each month**.

Subscribe to [Kent & Medway Primary Care News](#).

Contact us: kmpcth@nhs.net

