

Kent Surrey Sussex
Academic Health Science
Network



**Cardiovascular
Disease
Prevention**

CVD Central Project to support any organisation in the South East who are delivering any approach to Blood Pressure and AF Detection Checks

June 2022

CVD Central Project being delivered in collaboration by:

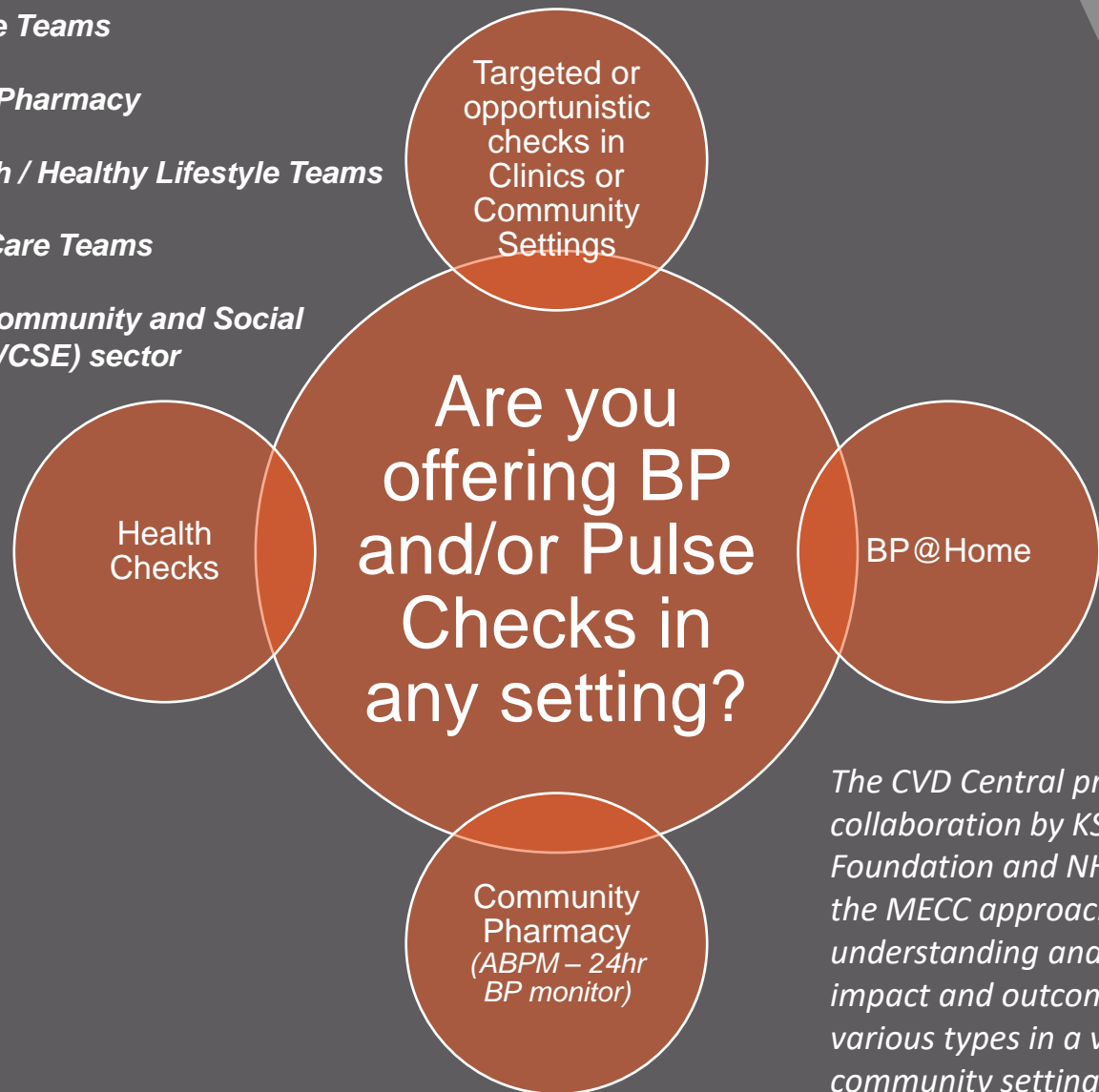
- KSS AHSN
- British Heart Foundation (BHF)
- NHS Benchmarking

**For enquiries, the key contact is CVD Central Team at
KSS AHSN at: kssahsn.cvdprevention@nhs.net**

CVD Central: A Southeast Case Study at scale

Open to:

- *Primary Care Teams*
- *Community Pharmacy*
- *Public Health / Healthy Lifestyle Teams*
- *Secondary Care Teams*
- *Voluntary, Community and Social Enterprise (VCSE) sector*



The CVD Central project is delivered in collaboration by KSS AHSN, British Heart Foundation and NHS Benchmarking, using the MECC approach to help with understanding and demonstrating the impact and outcomes from health checks of various types in a variety of clinic and community settings.

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CVD Central offer:

Open to any organisation offering BP and/or Pulse checks to patients in any setting in the South East.

You are free to pick and choose from the 5 listed options, whatever supports your project or service best:

Making Every Contact Count (MECC)

1. Results cards

If you check BP and Pulse in any setting, or give a NHS Health check how are you giving the patient their results and helping them to know their numbers?

Would these cards be useful? They are free to order.

2. 1st Patient Survey day one

Following a BP or Pulse check how are you hearing feedback from the patient about the information they received and their experience?

This generic survey could be used in any setting after a check and the non-identifiable data be collected for you at scale.

3. 2nd Patient Survey one month

For patients with BP>140/90 that were advised to monitor BP@Home or received ABPM are they able to feedback their experience about what has happened since their initial check?

The 2nd survey could be sent by SMS text or paper to all patients you detected and data collected for you at scale.

4. Resource pack – Clinical Pathways & Patient Information.

Available in Word format for anyone to download amend / adapt it to suit your local project work... please feel free to add to it, re-brand it, or just take whatever you want from it to add to your own project.

5. GP Clinical data collection (PCN-led events only)


If you are delivering a targeted approach to detection how are you collecting and then reporting on the activity and outcome data?

Would a central approach with reports delivered to you help?

More detail on the 5 listed offers of support in slides below:

1. Results Cards: Hard copy – Credit Card Sized

Name: _____ Date: _____

my HQ  **results**

A = Atrial Fibrillation:
Pulse: Regular or Irregular
Rate: beats per minute (BPM)

B = Blood Pressure
 / mmHg
Systolic Diastolic

C = Cholesterol
TC: HDL: Triglycerides (TG): mmol/L

D = Diabetes
HbA1c: mmol/mol




What the results mean

● Well done
 ● Seek advice
 ● Seek URGENT advice

A	B
● Regular or ● Irregular	● <140/90 mmHg ● >140/90 mmHg ● >180/120 mmHg

C	TC:	HDL:	TG:
●	● <5.0	● >1.0-2.5	● <1.7
●	● 5.0 - 7.5	● >1.2-2.5	● 1.7 - 10
●	● >7.5	● <1.0 or >2.5	● >10

D	HbA1c:
●	● <42
●	● 42- 47
●	● >47

SCAN ME 

To help us evaluate and develop the service please complete this short anonymous survey. Thank you.

THIS IS A GUIDE ONLY.
The HQ Check helps to identify potential risks early.
If needed seek advice from your GP practice as you may need a review.

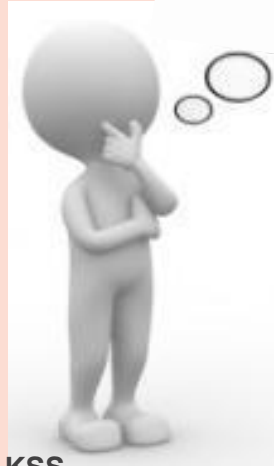
For information visit:
www.bnf.org.uk/information-support/risk-factors
www.heartuk.org.uk/

- These results cards are an easy way for patients to know their results from the BP and Pulse check and know if their numbers are in range.
- On the day of the check fill in the A and B sections and if they are later diagnosed with AF or Hypertension, they will go on to have a blood test for the C and D. Or if it's a full health check fill in A,B,C,D.
- They also have the QR code on from the CVD Central – on the day 1st patient experience survey – for patient to complete
- **The cards are available to order from KSS AHSN for free!**
- To order the cards please contact: kssahsn.cvdprevention@nhs.net with number of cards you wish to order and a delivery address.

2. Generic Surveys at scale: Patient Experience. 1st survey on the day they had the BP and/or pulse check.



“My experience on the day I received a BP and Pulse check was.....”



On the day choose your option:

1. Share via QR Code – on the day of the BP and Pulse check

Print the QR code page (on page 3 of this [link](#)) and display this at the venue.

Upon completion of their BP and/or pulse check, please ask patients to scan the QR code to access the survey online on their phone.

2. Circulate via SMS – on the day of the BP and Pulse check

If you prefer to do so, please send an SMS to those who attended the session with the link to access the survey: <https://www.surveymonkey.co.uk/r/696SYQW>

3. Circulate via Paper Copies - on the day of the BP and Pulse check

Print some paper copies of the questionnaire (pages 4-9 of this [document](#)) for those who are less digitally enabled to complete at the end of their appointment.

Completed paper questionnaires can be collected by the organisers and returned by post to the AHSN for inclusion in the summary report.

The non-identifiable responses to all online survey monkey will come directly to KSS AHSN and then be shared with the BHF to create quarterly dashboard reports.

3. Generic Surveys at scale:

If you can, send the 2nd survey to patient one month later to find out what happened next



“My experience following the check and what has happened since was.....”



The non-identifiable responses to all online survey monkey will come directly to KSS AHSN and then be shared with the BHF to create quarterly dashboard reports.

One month later
choose your option:

1. Circulate via SMS – one month after initial check

Please send the following survey to patients who attended the event, one month after the event via SMS message.

The sample SMS text message below could be used.
Example SMS message:

Thank you for recently attending the blood pressure and pulse detection check. To help us evaluate and develop the service we would appreciate it if you could complete this short survey to tell us about your experience since the event: <https://www.surveymonkey.co.uk/r/6M792DX>

2. Circulate via Paper Copies – one month after initial check

If required paper copies of the questionnaire (pages 3-8 of this [document](#)) could be printed for those who are less digitally enabled to complete.

Completed paper questionnaires can be collected by the organisers and be returned by post to the following address for inclusion in the summary report: **KSS AHSN c/o Office 7 The Beehive City Place Beehive Ring Road Gatwick RH6 0PA**

4. Resource Pack: High risk conditions: A, B, C



- The CVD Central Project resource pack provides helpful links to patient resources and clinical pathways.
- A guide to the resources available and how to download them and how to order hard copies of patient information booklets delivered to you.
- Link to the resource pack here: [CVD Central: Resource Pack \(kssahsn.net\)](https://kssahsn.net)
- Resource Pack in Word Format to [Download & Amend](#) to utilise the information to suit your service or event.

5. Clinical Data collection: Generic template and searches for Emis / SystemOne (PCNs only)

Created for PCN-led detection checks or events for BP and/or AF....

To find out more and get involved as a PCN in clinical data collection email us at:

kssahsn.cvdprevention@nhs.net

The screenshot shows a 'Template Runner' interface for a patient named MORSE, Minnie (Miss). It includes a warning about CE-compliant calculators, a 'Pre-existing coding?' section, a 'BP, BMI, Pulse' section with a 'Calculate' button, and a 'Weight and height only if not recently known or changed significantly' section with 'Calculate' buttons. The interface is tilted and overlaid on a background of a similar form.

- We have developed a generic EMIS/ SystemOne template that could be used to capture data when running any PCN-led detection event.

- A search has also been developed that will enable the clinical data from the template to be easily searched for and then the non-patient identifiable exported to send to KSS AHSN

- KSS AHSN will share the aggregated data with the BHF who will then produce quarterly reports presenting the patient experience & clinical activity and outcome data, at Regional, ICS, PCN / Event levels.

- To find out more and get involved as a PCN in clinical data collection and central reporting email us at:
kssahsn.cvdprevention@nhs.net

CVD Central project: Deliver quarterly reports:

Reporting at scale:

Patient experience surveys:

- The non-identifiable patient responses to all online survey monkey and paper responses through any clinical or community settings will come directly to KSS AHSN and then be shared with the BHF who will create quarterly dashboard reports at SE region, ICS, PCN / Event level.

Clinical activity and outcome data (PCN data):

- KSS AHSN will collate all the non-identifiable patient clinical activity & outcome data submitted by PCNs to KSS AHSN into aggregated data to share with the BHF who will present the findings in quarterly dashboard reports at SE region, ICS, PCN / Event levels.

A large circle with a gradient from red to blue. In the top left corner of the circle, there is a small blue plus sign and a small blue circle. The text "Next steps to get started" is centered in white.

Next steps to get started

- Options 1, 2, 3 and 4 are ready for any organisation in the South East to use now... just pick and choose for your project – *all the links and info you need are in this slide deck.*

- 1. = Results Cards
- 2. = 1st patient survey – on the day of check
- 3. = 2nd patient survey – one month post check
- 4. = Resource pack

For enquiries, the key contact is CVD Central Team at KSS AHSN at: kssahsn.cvdprevention@nhs.net

- **Option 5 – the Clinical Data Collection** - for **PCNs only** (generic templates and searches built for Emis and SystemOne) needs a quick meeting with the PCN and AHSN to discuss a plan and next steps. – please do contact us at: kssahsn.cvdprevention@nhs.net