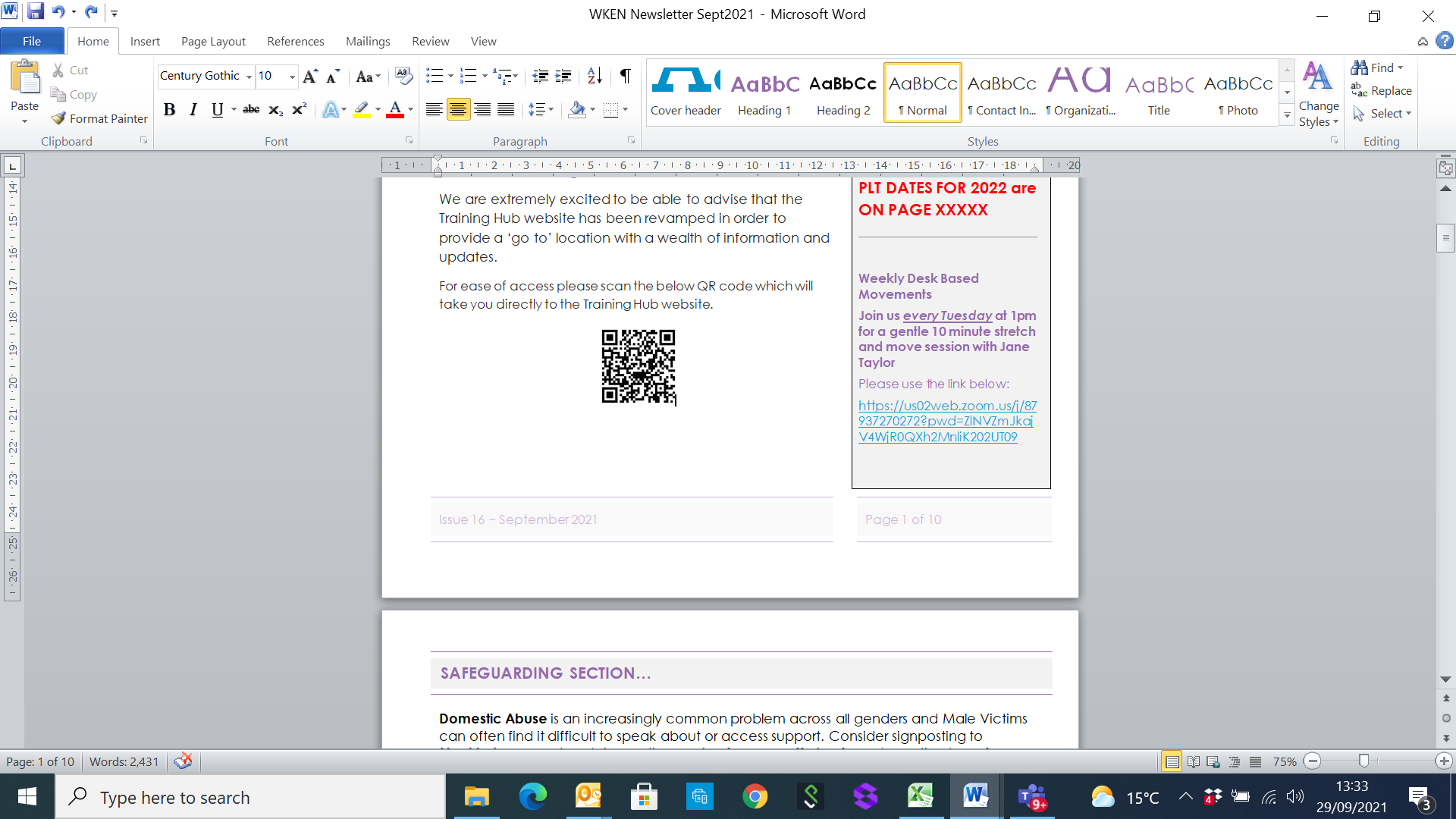
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| **Newsletter – April 2022** |  |

**West Kent Training Hub**





**Deadline for Newsletter –** please send your items through by the **15th** for inclusion in the next edition.

**PLT DATES FOR 2022**

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**We can confirm that PLT cover for May will be a return to how things used to be, ie. you can switch your phones through to NHS111.**

Secamb, the providers of NHS111 services in West Kent have been asked if they are willing to cover from June onwards & we are awaiting a response. If they are not able to offer cover the CCG will be undertaking a procurement process to find an alternative provider. Discussions to this effect are already underway

**Weekly Desk Based Movements**

**Join us *every Tuesday* at 1pm for a gentle 10 minute stretch and move session with Jane Taylor**

Please usethe link below:

<https://us02web.zoom.us/j/87937270272?pwd=ZlNVZmJkajV4WjR0QXh2MnliK202UT09>

[**www.westkenteducationnetwork.co.uk**](http://www.westkenteducationnetwork.co.uk)

**Email:** [**kmccg.wkentraininghub@nhs.net**](mailto:kmccg.wkentraininghub@nhs.net)

[Image result for twitter logo](https://www.bing.com/images/search?view=detailV2&ccid=CqXWN5l4&id=8B16F98F138AFC909C08261085B90A4D34866D39&thid=OIP.CqXWN5l4IM2LxlE-H0lHOAHaHa&mediaurl=https://img.talkandroid.com/uploads/2016/01/twitter-app-logo.png&exph=512&expw=512&q=twitter+logo&simid=607994475025467935&selectedIndex=0&qpvt=twitter+logo) **@westkentWKEN**

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| Dear Reader,  Welcome to the West Kent Training Hub (WKEN) Newsletter.  WKEN would like to thank all those who contribute to the content of this newsletter and ask that you please share this with your staff teams. There is an array of articles and opportunities open to all, so your help to share with your teams is very much appreciated.  ***We would love to hear from you and share your news***, so if you have suggestions for future items, including job vacancies, please send through to [**kmccg.wkentraininghub@nhs.net**](mailto:kmccg.wkentraininghub@nhs.net)  ***PLEASE NOTE: NEW JOBS SUPPLEMENT WILL BE SHARED SEPARATELY*** |
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| **SAFEGUARDING SECTION…** |
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**Safeguarding Children and Adults across Kent and Medway**

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| ***Compassion*** | ***Courage*** | ***Respect*** |

**Your local safeguarding contacts are:**

**Kirsty Edgson, Designated Nurse for Safeguarding Children,** [k.edgson@nhs.net](mailto:k.edgson@nhs.net)

**Tracey Creaton. Designate Nurse for Adult Safeguarding.** [tracey.creaton@nhs.net](mailto:tracey.creaton@nhs.net)

**IMPORTANT SAFEGUARDING INFORMATION:**

**Concerned about a child?**

**Call 03000 41 11 11 (text relay 18001 03000 41 11 11) or email** [**social.services@kent.gov.uk<mailto:social.services@kent.gov.uk**](mailto:social.services@kent.gov.uk%3cmailto:social.services@kent.gov.uk)

**Concerned about an adult?**

**Call 03000 41 61 61 (text relay 18001 03000 41 61 61) or email** [**social.services@kent.gov.uk<mailto:social.services@kent.gov.uk**](mailto:social.services@kent.gov.uk%3cmailto:social.services@kent.gov.uk)**>**

**Out of hours and in an emergency**

**If you need to contact us outside of normal office hours, for example during the night, call 03000 41 91 91.**

**If you think someone is in immediate danger the best thing to do is call 999 for the emergency services.**

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| **Wellbeing** |
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**DESK BASED MOVEMENTS - weekly 10 minute sessions**

We have received some great feedback from the weekly movement sessions so keep sending in your comments. Jane Taylor has kindly set up a specific ‘member area’ on her website so all the recordings are available and can be easily accessed.

<https://vimeopro.com/taylormadefitness/wken-weekly-work-based-movement-sessions>

It is password protected and I have used the password:WKEN-move-more

**In addition, Jane has kindly provided the below links which offer some additional recordings:**

* [*Additional recording (15 minutes)*](https://vimeo.com/643940864/1a38830e62) - segmental movements of the spine plus a lovely shoulder exercise!

Also, here is the link for a previous session: <https://vimeo.com/669821863/531a70feaf>

**Join us every Tuesday at 1pm** - **we look forward to seeing you then:**

<https://us02web.zoom.us/j/87937270272?pwd=ZlNVZmJkajV4WjR0QXh2MnliK202UT09>

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**Support available for our NHS people**

We know that our NHS people are often faced with significant stresses. The NHS can only achieve the extraordinary things for patients that it does if the safety, health and wellbeing of our people is recognised as a key priority.

**If you need someone to talk to**, we have introduced a **confidential staff support line**, operated by the [Samaritans](https://www.samaritans.org/) and free to access from 7:00am – 11:00pm, seven days a week.  Please **call 0800 069 6222**to speak to an advisor.

This support line is available to all our NHS colleagues who have had a tough day, who are feeling worried or overwhelmed, or who have a lot on their mind and need to talk it through.  Trained advisers will be available to help with signposting and confidential listening.

Alternatively, if you would prefer to speak to someone through text, you can access support by **texting FRONTLINE to 85258 for support 24/7**.

Alongside the above dedicated helpline, we also have a range of additional support offers in place for our NHS colleagues which suit a range of different health and wellbeing needs:

[**https://www.england.nhs.uk/supporting-our-nhs-people/support-now/**](https://www.england.nhs.uk/supporting-our-nhs-people/support-now/)

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| **Greener Practice** |
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Welcome to our new Greener Practice regular feature in the newsletter.

We will use this space to share local initiatives, plans and ideas relating to greener practice. We are planning to start a 'Greener Practice' group locally and thank you to those who have contacted me to join.

Please feel free to email me [nicolaknight@nhs.net](mailto:nicolaknight@nhs.net) if you would like to be involved or if you have any ideas that you want to share or include in this feature.

Do take a look at the document below for this issue's article **'Reducing the environmental impact of Low Carbon Inhalers FAQ'**.

In addition, if you missed the Greener Practice PLT that was held in March, be sure to log into the Members Area of the WKEN website to access the recordings and resources:

[**https://www.westkenteducationnetwork.co.uk/event\_resources/march-2022-plt-greener-practices/**](https://www.westkenteducationnetwork.co.uk/event_resources/march-2022-plt-greener-practices/)

Nicola Knight, Lead Practice Nurse The Mote Medical Practice

Multi Professional Lead, South Maidstone PCN



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| **Communities of Practice** |
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**MAIDSTONE**

Facilitated by Dr Tony Jones, the following clinical communities of practice groups are available.

Email addresses are provided as the main contact for each group, but should you require further information or would like to discuss further, please contact [tony.jones@nhs.net](mailto:tony.jones@nhs.net)

Paramedics working in general practice - [ian.phillpott@nhs.net](mailto:ian.phillpott@nhs.net)

Clinical pharmacists in general practice - [elizabethwallis@nhs.net](mailto:elizabethwallis@nhs.net)

Advanced nurse practitioners in general practice - [vickiemehaffey@nhs.net](mailto:vickiemehaffey@nhs.net)

**TUNBRIDGE WELLS – and virtually to incorporate a wider area**

Facilitated by Dr Jane Roome,  both the New to West Kent (for GPs who are newly qualified, new to the area or new to role) and the West Kent Sessional GP group (for any GPs who are not a partner) have WhatsApp groups and are starting virtual meetings via Zoom. Traditionally these have been Tunbridge Wells based but given we're meeting virtually now please feel free to join and gain support and knowledge from other GPs in the area wherever your base may be. ​

Please contact [jane.roome@nhs.net](mailto:jane.roome@nhs.net) for more information and to join the groups.

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| **Items of interest** |
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<https://kss.hee.nhs.uk/primary-care/gp-trainers/foundation-clinical-supervisors-fy2-cs/>

The first step of the pathway is [becoming a GP Clinical Supervisor](https://kss.hee.nhs.uk/primary-care/gp-trainers/foundation-clinical-supervisors-fy2-cs/) (CS). Individuals can do this by undertaking a one-day teaching module. If the doctors’ employing practice is not a training practice, an assessment of the learning environment will need to take place. Clinical Supervisors host doctors in their second year of Foundation training (the first year after GMC registration) for a four-month period.

Clinical supervisors oversee the clinical activity of trainee doctors, ensuring that they only perform tasks they are competent to do. To become a Clinical Supervisor for Foundation Year two students (FY2), individuals must complete a one day online course.

GPs that work in an Out of Hours (OOH) setting may also take part in the course. However, there is currently not an accreditation process for supervision in an OOH setting, therefore a certificate of attendance will be issued.

**Criteria for becoming a CS:**

* must work a minimum of four clinical sessions
* must have been a qualified GP for 12 months at time of CS accreditation
* must have been in a substantive post in the current practice for a minimum of 6 months at point of CS accreditation
* must be a salaried Doctor or partner – but **not**a Locum or Retainer Doctor.

Prior to the one day interactive course, you are required to complete essential pre-reading in the form of the following e-Learning modules which are accessed free of charge through the eLearning for Health platform, Educator Training Resources NEW Training for the foundation supervisor. It is estimated you will need to set aside 1.5 – 2 hours for this additional reading.

[**E Learning modules**](https://kss.hee.nhs.uk/wp-content/uploads/sites/15/2021/11/e-Learning-modules-for-Clinical-Supervisor-CS-accreditation.pdf)

You will receive further pre-reading in the week proceeding your course.

**Upcoming dates for virtual Clinical Supervisor courses:**

* CS50 – Wednesday 18 May 2022
* Out of Hours specific Course – Wednesday 15 June 2022 (E Learning module Pre-reading not required)
* CS51 – Thursday 9 June 2022
* CS52 – Wednesday 13 July 2022
* CS53 – Thursday 18 August 2022
* CS54 – Thursday 8 September 2022

Register your interest to become a Clinical Supervisor via this[online form](https://forms.office.com/Pages/ResponsePage.aspx?id=K5Gn_5ewMUGcD9DoB1Wyq3z6iNrhU8hLlqzX6TEozAZUODYzMDRCUEdRMVJMV1AwTTFDNDAyMkFHWSQlQCN0PWcu) and you will be invited to book on to one of the above dates.

**The Clinical Supervisor course**

The one-day online module in clinical supervision introduces you to the generic knowledge and skills needed in order to work as a Clinical Supervisor. The module introduces key concepts relating to ensuring safety for both learners and patients.

Prospective supervisors will begin to appreciate how to recognise the level at which learners are working, how to begin educational planning through discussion and how to organise educational activities to meet the learning needs of the individual. Through practical workshops individuals will be able to rehearse in a safe environment the skills needed to give constructive criticism based on observation.

The course will introduce individuals to the key principles of assessment and practice utilising the Foundation programme national assessment tools. There will be an introduction to core principles of adult educational theory and how to apply these in a practical setting. This theory will be further developed in later modules within the educator pathway, if CS’ wish to progress to become a GP trainer.

There is a frequently asked questions document relating to this course on the [all forms and guidance page.](https://kss.hee.nhs.uk/primary-care/all-forms-guidance/)

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| **Items of Interest** |
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| **New to Practice Programme – Recruitment for the next cohort now open!**  The New to Practice Programme is a national initiative designed to support newly qualified GPs, Nurses and Nursing Associates and to help them to gain confidence and skills to successfully begin their career in general practice and thrive  We are pleased to announce that recruitment for the next Cohort for 2022/23 is now live and will be open to newly qualified or new to practice Nurses, Nursing Associates and GPs.  A link to the brochure (which contains the course modules), the process for enrolment and the monitoring forms can be found on the West Kent Training Hub website, via the link here: <https://www.westkenteducationnetwork.co.uk/news/latest-updates/>  If you have any questions, please do not hesitate to contact Katy Whitehead, Project Manager: [katy.whitehead1@nhs.net](mailto:katy.whitehead1@nhs.net) |

**CURRENT OFFERS FOR SIMULATION TRAINING**

Open to all HCPs in Kent and Medway, see below flyer for additional information on dates for training. We would love to see more TNAs, HCAs and GPNs coming in addition to PAs, ACPs, GPSTs and GPs and any other group inadvertently missed out. We have arranged 3 different venues across Kent so that hopefully something that suits and appeals to everyone.

**Oncological emergencies in Primary Care with the Kent and Medway Macmillan team**. Saturday 11th June 9-4pm, Digital Innovation Centre, Folkestone

**Emergencies in Primary Care**. Saturday 2nd July 9-4pm, Darent Valley Hospital

**Paediatric emergencies in Primary Care**. Saturday 26th November 9-4pm, Tunbridge Wells Hospital

Spaces are strictly limited so please book early to secure your place. A waiting list is in operation should places be filled.

***Jane Roome, HEE KSS GP Fellow in Simulation*** [***jane.roome@nhs.net***](mailto:jane.roome@nhs.net)



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| **Items of Interest** |
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**Advancing Practice in the South East Region: A guide to implementing and funding advanced practice 2022-23** is available to read via: <https://www.westkenteducationnetwork.co.uk/current-workforce/advanced-clinical-practitioners/>

Our webinar **on Tuesday 10th May, 15:30-16:15** will focus on **‘How to grow an ACP’**. This webinar is for service managers, ACP leads and employers who want to understand more about the workforce planning and strategic processes for developing advanced practice roles within their services and organisations.

**If you would like to join this webinar, please complete the form using this link** <https://forms.office.com/r/szd78zdsUF> **by the morning of Thursday 5th May**. Once you are registered a new invitation will be sent to you including an MS teams link to join the webinar (after the 5th May deadline). You may find it helpful to familiarise yourself with our ‘*Guide to Funding and Implementing Advanced Practice 2022-2023*’ prior to the webinar.

Please also find below a list of the series of **South East Faculty of Advancing Practice webinars** taking place for the remainder of this year.

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| **DATE** | **TIME** | **TITLE** | **DESCRIPTION** | **LED BY** |
| Friday  8th July 2022 | 9:30am | **Preparing your portfolio** | For trainee ACP, ACP and ACP leads to understand the HEE directory and portfolio requirements. | Emmie Baker-Larner |
| Wednesday  7th Sept 2022 | 3:30pm | **Good governance for advanced practice** | Aimed at service managers, ACP leads, employers and all those who want to understand more about good governance for advanced practice. | Heather Nisbet |

South East Faculty of Advancing Practice

Health Education England

[acpenquiries.se@hee.nhs.uk](mailto:acpenquiries.se@hee.nhs.uk)

[hee.nhs.uk](https://eu-west-1.protection.sophos.com?d=hee.nhs.uk&u=aHR0cDovL3d3dy5oZWUubmhzLnVrLw==&i=NWE2ZWY0ZDE5MGM3OGQxNzlkNzYwNGVj&t=cW53WHU3WGZ6QUxxTktjSFVwSURCYk5SQThFSEVSMUg3ZENHUUZuT1ErND0=&h=5a3b07c9ffd34326b984ea59e834824b)

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| **Exciting Opportunities…** |
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**WKEN are extremely excited to advise we have commissioned a further 2 Mindfulness Courses with Tenterden Mindfulness due to the success of the previous courses.**

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**Places are strictly on a first come first served basis so use the link below to register your place on this popular course.**

[**https://www.tenterdenmindfulness.co.uk/professional-courses**](https://www.tenterdenmindfulness.co.uk/professional-courses)

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| **Partners Pages** |
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***Access the links to this training via the document below:***



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| **West Kent Website Event Recordings and Resources** |
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***Do visit the WKEN website where you can access recordings and resources of past training events and PLTs, an example of which are below*** [***https://www.westkenteducationnetwork.co.uk/event\_resources/***](https://www.westkenteducationnetwork.co.uk/event_resources/)

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| **Items of interest** |
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[Click here to join the meeting](https://teams.microsoft.com/dl/launcher/launcher.html?url=%2F_%23%2Fl%2Fmeetup-join%2F19%3Ameeting_Zjc5YjQxZWMtMWYxNi00OGNhLWJmOTEtNjQ0OTFiNjQwMDRm%40thread.v2%2F0%3Fcontext%3D%257b%2522Tid%2522%253a%2522ffa7912b-b097-4131-9c0f-d0e80755b2ab%2522%252c%2522Oid%2522%253a%2522b4ef107b-2e25-402b-bb0c-141cce5e797b%2522%257d%26anon%3Dtrue&type=meetup-join&deeplinkId=efb9a409-8178-4510-89a6-a1559b1b36db&directDl=true&msLaunch=true&enableMobilePage=true&suppressPrompt=true)

**Workforce Planning Tool**

Most practices are feeling the pressure in Primary Care and challenges around recruitment and retention. Kent and Medway are encouraging Practices to use their workforce tool and are offering a payment of £500 per practice for completing the tool, which comes with many simple and practical steps to estimating current and future demand.

Benefits include:

* Planning your future workforce at practice / PCN level and having a costed plan
* Identify where there are learners in the system and increase placements
* Identify training needs for the future (For example if we need more ACPs/ Paramedic practitioners)
* Having a workforce plan will help with Estates Strategy when making applications to the CCG as additional workforce requirements and estates are critically linked

The embedded flyer will provide more detail, and should you require support from the Training Hub this can be obtained by contacting: [**kmccg.wkentraininghub@nhs.net**](mailto:kmccg.wkentraininghub@nhs.net)



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| **Items of interest** |
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**Apprenticeships in Primary Care**

An Apprenticeship is on-the-job training that leads to national and international recognised qualification ranging from Level 2 (GCSE-equivalent) to Level 7 (Masters-equivalent) and open to ages 16 and over. Levy funding can be obtained to cover the cost of the theoretical learning (course fees) for apprenticeships.

Apprenticeships in Primary Care broadens the scope of training and developing for existing staff, whilst attracting new members of staff to improve diversity within the workplace and bridging gaps in the workforce. They provide a future pipeline for clinical and non-clinical roles, simplify career progression, counteract an ageing workforce and a life blood to Primary Care workforce. Apprenticeship qualifications are available in a wide range of areas and levels in the Health and Social Care sectors including nursing, healthcare support, business administration, advanced clinical practitioner, team leading, HR, IT just to name a few.

Please refer to the [**HASO website**](https://shoutout.wix.com/so/02NsKdFKE/c?w=WGjcPU6nMzmkr9wcIWgywg3a2pkPhjEDgEG104rlY_Q.eyJ1IjoiaHR0cHM6Ly9oYXNvLnNraWxsc2ZvcmhlYWx0aC5vcmcudWsvIiwiciI6IjU3ZTBkNTY1LWVjNDgtNDg4YS1mYjU1LTc3MTJiOTY2ZGU2MCIsIm0iOiJtYWlsIiwiYyI6IjhkMDQwZTljLTQwZjEtNDQ1ZS05MTZlLWUyM2YxMDI1NmI1NiJ9) for more Health and social care related apprenticeship standard HASO.

As from the 1st May Kent and Medway CCG will be providing information and support for West Kent Practices.

Please contact the Kent and Medway Team at: [**kmccg.pcthapprenticeships@nhs.net**](https://shoutout.wix.com/so/02NsKdFKE/c?w=D8iAjOdM4-qZDxZR7bz822O8wqpM93TVavSJZG1rcn8.eyJ1IjoibWFpbHRvOmttY2NnLnBjdGhhcHByZW50aWNlc2hpcHNAbmhzLm5ldCIsInIiOiI1N2UwZDU2NS1lYzQ4LTQ4OGEtZmI1NS03NzEyYjk2NmRlNjAiLCJtIjoibWFpbCIsImMiOiI4ZDA0MGU5Yy00MGYxLTQ0NWUtOTE2ZS1lMjNmMTAyNTZiNTYifQ)

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Eventbrite **https://tinyurl.com/yc4hsdjc**