

West Kent Training Hub



www.westkenteducationnetwork.co.uk

Email: kmccg.wkenttraininghub@nhs.net

[@westkentWKEN](https://twitter.com/westkentWKEN)



Deadline for Newsletter – please send your items through by the **15th of the month** for inclusion in the next edition.

PLT DATES FOR 2022



PROTECTED
LEARNING TIME DATA

Dear Reader,

Welcome to the West Kent Training Hub (WKEN) Newsletter.

WKEN would like to thank all those who contribute to the content of this newsletter and ask that you please share this with your staff teams. There is an array of articles and opportunities open to all, so your help to share with your teams is very much appreciated.

We would love to hear from you and share your news, so if you have suggestions for future items, including job vacancies, please send through to kmccg.wkenttraininghub@nhs.net

PLEASE NOTE: NEW JOBS SUPPLEMENT WILL BE SHARED SEPARATELY

A Review of 2021 – a Training Hub Perspective

Do you love or hate Christmas newsletters? I recognise the risk in writing but think it may be worth a review of what has happened in the world of workforce and education in West Kent. 'Annus horribilis', perhaps but some good stuff too. For clarity I will list some initiatives that come to mind:

- PCNs have become more mature with yet more ARRS role staff
 - Greater use of virtual platforms for educational delivery including resus training
 - SIMS delivery of anaphylaxis training (put forward for national award)
 - Various fellowships have been awarded
 - More GPWERS are being trained
 - GP & multi-professional education leads appointed in every PCN
 - New to practice groups for GPs & nurses well attended
 - New to partnership group established (West Kent has 15 of the 24 new partners across K&M this year)
 - PLT – a mixed experience with Covid workforce pressures denying opportunity for full 'protection' of all staff
 - Mentoring support for all staff; 14 trained mentors include GPs, Nurses, Practice Managers & Admin available to provide confidential support
 - Diabetes Champions are being appointed in each PCN to highlight the core competencies and standardise the delivery of diabetes care across West Kent.
- Oh dear, this is sounding like a proud parent extending the virtues of their children's achievements but thank you to our team at WKEN and we look forward to greater things for 2022.

Dr Tony Jones, West Kent Training Hub Lead



FOR YOUR WELLBEING: Weekly Desk Based Movements

Join us every Tuesday at 1pm for a gentle 10 minute stretch and move session with Jane Taylor

Please use the link below:

<https://us02web.zoom.us/j/87937270272?pwd=ZlNVZmJkajV4WjR0QXh2MnliK202UT09>

Responsibilities for GPs in regards to Power of Attorney (POA) requests and disclosures

A recent Domestic Homicide Review in Kent (DHR 29) has highlighted the need for GPs to ensure they know about, and record evidence, when it is identified POA is in situ. This means ensuring evidence is sought either from the patient and/or their carer/representative who has POA (see a copy of their certificate), or seeking evidence from The Office of the Public Guardian (OPG) by completing a simple form found on the OPG website to search their Register <https://www.gov.uk/find-someones-attorney-deputy-or-guardian> .

It is important to see the certificate to ensure the individual supporting/making decisions has the legal authority to do so, alongside considering any conditions set by the OPG in relation to the POA, for example, where someone has POA for health and well-being, when the individual consented to the POA being awarded, they may have requested conditions due to family dynamics and concern how these may affect some of their relationships.

Once the evidence has been received, this should be clearly recorded (including a copy of the certificate) within the patients notes, considering carefully where this information is recorded as it may not be appropriate to have available in a record that can be accessed online(consider if needs to be hide from online access) and may require redacting. For further information regarding supporting requests from patients, family members and/or carers in regards to POA please see the following advice

<https://www.gponline.com/gp-dilemma-handling-power-attorney-request/elderly-care/article/1450732>

In addition, this information can be captured within the primary care safeguarding tool kit as part of quality reporting.

Looked after children and care leavers Resources for Primary care

Primary care plays a crucial role in supporting Looked after children and care experienced Adults.

2 leaflets (below) with professional guidance highlighting the roles and responsibilities for primary care have been produced by Designated looked After Children Doctors, Sharon Kefford (Surrey) and Tamsin Robinson (NW London) leading a project that was a joint venture between health and social care professionals in Surrey and the London Borough of Ealing. All the material was produced in collaboration with care experienced young people in Surrey and Foster Carers in Ealing.



PCSF Looked After
Children Primary Car



PCSF Care Leaver
Primary Care Leaflet .

Support Level Guidance Training.

The Front Door Service in Kent deal with all requests for support at intensive level 3 or above. These requests will need to be made using the 'Request for Support' form. This course will help professionals understand the overall arrangements as well as the updates and refresh understanding of the support levels and ways of working together. If you would like to attend this course, upcoming dates are as follows:

- 18 and 24 January 2022 – 1:30pm to 5pm
- 8 February 2022 – 9:30am to 1pm
- 7 March 2022 – 1:30pm to 5pm
- 23 March 2022 – 9:30am to 1pm

This course will be delivered via Microsoft Teams For more information about the course and to book a place please visit <https://www.kscmp.org.uk/training/multi-agency/understanding-kent-support-level-guidance>

Dr Reshma Rajagopal - NHS CCG Kent and Medway Named GP for Safeguarding Children and Adults (West Kent)



DESK BASED MOVEMENTS - weekly 10 minute sessions

We have received some great feedback from the weekly movement sessions so keep sending in your comments. Jane Taylor has kindly set up a specific 'member area' on her website so all the recordings are available and can be easily accessed.

<https://vimeopro.com/taylormadefitness/wken-weekly-work-based-movement-sessions>

It is password protected and I have used the password: WKEN-move-more

In addition, Jane has kindly provided the below links which offer some additional recordings:

- *Additional recording (15 minutes)* - segmental movements of the spine plus a lovely shoulder exercise!
- Also, here is the link for the session last week: <https://vimeo.com/646622242/4172c42fd0>

Join us every Tuesday at 1pm - we look forward to seeing you then:

<https://us02web.zoom.us/j/87937270272?pwd=ZlNVZmJkajV4WjROQXh2MnliK202UT09>



Looking After Your Career – confidential coaching for the primary care workforce

<https://www.england.nhs.uk/looking-after-your-career>

Take control over your career – confidential coaching

If you're thinking about your career and what you want from your current role, investing some time with a coach can be a very helpful thing to do.

[Looking After Your Career](#) is a new coaching service for anyone working in primary care. Experienced coaches will support you to take practical steps over your career direction and to proactively advance it. Conversations may include:

- exploring future career pathways
- preparing for interviews and opportunities
- developing more meaning or purpose in current roles.

This offer is part of the '[Looking After You](#)' coaching series, which includes individual wellbeing support and a service for those who lead and manage teams. Book sessions at a date and time that suits you. *Thank you for looking after yourself whilst you continue to look after others.*

Communities of Practice

MAIDSTONE

Facilitated by Dr Tony Jones, the following clinical communities of practice groups are available.

Email addresses are provided as the main contact for each group, but should you require further information or would like to discuss further, please contact tony.jones@nhs.net

Paramedics working in general practice - ian.phillpott@nhs.net

Clinical pharmacists in general practice - elizabethwallis@nhs.net

Advanced nurse practitioners in general practice - vickiemehaffey@nhs.net

TUNBRIDGE WELLS – and virtually to incorporate a wider area

Facilitated by Dr Jane Roome, both the New to West Kent (for GPs who are newly qualified, new to the area or new to role) and the West Kent Sessional GP group (for any GPs who are not a partner) have WhatsApp groups and are starting virtual meetings via Zoom. Traditionally these have been Tunbridge Wells based but given we're meeting virtually now please feel free to join and gain support and knowledge from other GPs in the area wherever your base may be.

Please contact jane.roome@nhs.net for more information and to join the groups.

Dates for your diary...

Educational Opportunities open for all Primary Care and interested staff



Thank you to everyone who has joined all the meetings over the last year and for all your comments and interaction which are all very much appreciated. The feedback is always really useful and I will be looking at acting on it for 2022.

In the meantime, we have a few meetings planned. Please see below for more information and to book a place on Eventbrite.

Dr Jane Roome

Thursday 27th January 2022. 7-9pm on Zoom

The East, West and North Training Hubs are joining together to bring you this evening event in conjunction with the Community Perinatal Mental Health Team (formerly MIMS)

We will hear from Dr Caroline Sweeney, GP with special interest in perinatal mental health and previous RCGP perinatal MH champion about what we can do in primary care and the team from the Community MH Team will update us on local services.

Dates for your diary...

There will be plenty of time for your questions.

<https://www.eventbrite.co.uk/e/perinatal-mental-health-for-primary-care-tickets-212625417347>

eventbrite

Perinatal Mental Health for Primary Care

Perinatal mental health for Primary Care

www.eventbrite.co.uk

Tuesday 1st February 2022 6.30-8.30pm Joint Injection workshop, Education centre, Tunbridge Wells Hospital

An opportunity to develop and learn new skills around joint injections with Mr Richard Benson (shoulders), Mr Jamie Young (knees) and Mr James Nicholls (hand/wrist). Please note numbers are strictly limited to 15 to enable everyone to have an opportunity to practice on the joint injection models so please book a place asap if you'd like to attend.

<https://www.eventbrite.co.uk/e/joint-injection-workshop-tickets-222568577607>

eventbrite

Joint injection workshop

Joint injection workshop

www.eventbrite.co.uk

Tuesday 22nd February 2022 7.30-9.00pm. Resuscitation for Primary care

Steve Rochester will be back on zoom for his very popular resuscitation in primary care evening which will include adult, paediatric and maternal BLS, choking, use of an AED and recognition and management of anaphylaxis.

<https://www.eventbrite.co.uk/e/resuscitation-in-primary-care-tickets-222558708087>

eventbrite

Resuscitation in Primary Care

Resuscitation in Primary Care, to include Adult, Paediatric and Maternal BLS, choking, use of an AED and anaphylaxis.

www.eventbrite.co.uk

Dates for your diary...

Saturday 19th March 9am- 3pm. Paediatric emergencies in Primary Care simulation training, Education centre, level -2, Tunbridge Wells Hospital

The Training Hubs are fully funding this simulation session around paediatric emergencies which can occur in primary care led by the West Kent Primary Care Simulation Team. We firmly believe that simulation gives a unique opportunity to learn compared to classroom style teaching so please do book a place to join us. Places are strictly limited and we will run a waiting list when the course is full.

Below are two of the comments on the feedback forms from attendees at our last session on the 27th November 2021:

"Absolutely brilliant day that exceeded my expectations. Usually, I hate role playing but at all times I felt supported and not judged"

"I was terrified of coming but this was the best course I have ever been on"

<https://www.eventbrite.co.uk/e/paediatric-emergencies-in-primary-care-simulation-training-tickets-222561686997>



Paediatric emergencies in Primary Care
simulation training

Paediatric emergencies in primary care simulation training
www.eventbrite.co.uk

SAVE THE DATE!

Webinar Focused On Paramedics and Prescribing...

Kent and Medway Training Hubs are pleased to advise a date has been agreed for a Kent & Medway-wide Webinar focused on Paramedics and Prescribing:

Monday, 10th January 2022 from 1:00pm – 2:00pm

More details to follow in due course but in the meantime, please add this date in your diary so you don't miss it!

Dates for your diary...

Active Bystander training, Tuesday 25th January 2022 12.30-2pm on Zoom – last chance to book as only a few places remaining

The West Kent Training Hub (WKEN) are hosting an Active Bystander training session on challenging inappropriate workplace behaviours. Witnessing verbal and physical abuse, discrimination, racism and micro-aggression effects everyone and contributes to a toxic culture in the workplace. The impact this has on people can be hugely detrimental - with stress, anxiety and other mental health problems.

Do you want to do something about this?

Do you want to become more aware of the impact of certain types of behaviours?

Do you want to increase your defensibility?

Do you want to know how to react as a bystander?

If so, you are warmly invited to join us for this interactive online training which will look to empower and teach us how to challenge unacceptable behaviours that have been normalised.

This session will include:

1. Decision-making techniques to help people overcome fear and self-doubt when faced with a challenging situation
2. Assertiveness techniques to give them the confidence and tools to speak out, whether they are dealing with the challenge directly or calling for help from others.
3. Each delegate also receives an 'Active Bystander' toolkit booklet, which contains the main techniques covered in the session.

The session is fully funded by WKEN and open to ALL who work in Primary please book asap using the link:

<https://www.eventbrite.co.uk/e/active-bystander-training-tickets-199261004027>

NB We would ask that only 3 people per practice maximum attend to ensure good availability to all colleagues and practices

For more information on this innovative and award-winning training: www.activebystander.co.uk

Items of Interest...



Kent and Medway Primary Care Training Hub

Your Training Hubs across Kent & Medway (West Kent, North Kent and East Kent) are grouping their synergies and their training offers throughout the county under the name of **Kent & Medway Primary Care Training Hub**. There are still local-specific training opportunities and support available via you locality training hub (WKEN).

In addition to your current locality newsletter, a new newsletter for the KMPC Training Hub will be shared from January, with a new logo, a different look but still monthly information for your practice.

In order to receive this new publication, for data protection purposes you will need to [Subscribe to KMPC Training Hub Newsletter](#)

The Psychology of Now - Supporting You and Your Teams

Designed for People Leading Teams in Primary Care

The South East Leadership Academy are running a series of two bitesize learning sessions, aimed at anyone who is currently responsible for supporting / leading / managing others in their Practice or PCN. These sessions are designed to provide an opportunity to connect with peers, share experiences and learning new tools and approaches to support yourself and your practice teams.

The sessions will be delivered by Rebekah Giffney, a Chartered Occupational Psychologist who works extensively with the NHS and in particular Primary Care.

Below you will find a flyer with more details of each of the session, including dates and how to register.

Please share this opportunity with your colleagues in Primary Care working specifically in Practices or PCNs.



Primary Care
Espresso's - Flyer.pdf



Leadership Academy
South East



Job opportunity, Kent & Medway Medical School - Teaching Fellows in Clinical Skills

There is an exciting opportunity currently available at KMMS - the school is currently recruiting for Teaching Fellows in Clinical Skills. This is an excellent chance to contribute to the teaching and assessment of clinical and professional skills within the KMMS undergraduate programme. The successful applicants will be involved in multiple mini interviews, assessments, standard setting and OSCE's.

The closing date: Monday 3rd January. Interviews are planned for Monday 24th January.

Further information can be found here: <https://jobs.kent.ac.uk/vacancy.aspx?ref=KMMS-105-21>

Please see the below offers that we hope will help in our support of staff with elements of supervision. We are offering :



Monthly Practice Learning forums: for all Practice Assessor/ Practice supervisors or those who support students in practice.

PA/PS Workshop for refresher or those who require transitioning from mentor to PA.



PA PS workshop
flyer.docx



Practice learning
forum flyer.docx

TRIAGE TRAINING

The Kent & Medway training hubs are offering 2-day training programmes for Primary Care staff: Two options are available:

1. Remote Consultation and Triage – for Nurses and Allied Health Professionals

Day 1: 6th April 2022

Day 2: 13th April 2022 (Both sessions must be attended)

2. Telephone Signposting and Triage - for Receptionist and Healthcare Assistants

Day 1: 7th April 2022

Day 2: 12th April 2022 (Both sessions must be attended)

For full details please see flyer which includes links to book. Numbers are limited so early booking is essential:



Telephone
Triage.pdf

4 FULLY FUNDED ADVANCED CLINICAL PRACTITIONER PLACES – limited offer...

This is the last call for anyone wanting to become an ACP. West Kent has four fully funded HEE ACP places. Please contact Philly Adams, Primary Care Workforce Programme Manager for West Kent urgently if you would like to apply for one of these places. Philly.adams@nhs.net

Practice Assessor training

Our HEE funding for free training for nurse practice assessors will cease on March 31st 2022. Please contact Philly ASAP if you would like to take up this offer. Philly.adams@nhs.net

HCSW HCA conference - Save the Dates

5th of April 12-2.30pm and 26th of April 12-2.30pm

CLINICAL SUPERVISION TRAINING - Online training provided by HEE

Clinical supervisors oversee the clinical activity of trainee doctors, ensuring that they only perform tasks they are competent to do. To become a Clinical Supervisor for Foundation Year two students (FY2), individuals must complete a one day online course.

<https://kss.hee.nhs.uk/primary-care/gp-trainers/foundation-clinical-supervisors-fy2-cs/>

Advancing Practice e-Portfolio (supported) route

Applications are now open between 13 December 2021 - 14 January 2022 for individuals who may wish to evidence that they meet the advance practitioner requirements described in the '[multi-professional framework for advanced clinical practice in England](#)' and training hubs can direct individuals to the [following links](#) and associated webinar.

Roadmap Supervision Verification training

In support of the Additional Roles Reimbursement Scheme (ARRS), allied health professionals (AHPs) who want to follow the HEE Roadmaps to Practice for FCPs and work within primary care will need a nationally approved supervisor.

There are two routes available for this training, please review the information below to determine which training you should attend.

Route one: Educational Supervisor/GP Trainer top-up training to supervise FCPs

GP training educational supervisors are approved to become supervisors following a short top-up training to familiarise themselves with the assessments and portfolio requirements for ARRS practitioner's portfolio sign-off.

The next GP Trainer top-up training dates will be delivered virtually on:

- Tuesday 18 January 2022, 14:00-15:30.
- Tuesday 8 March 2022, 14:00-15:30.
- Thursday 12 May 2022, 14:00-15:30.

Route two: Roadmap Supervision Verification training

A paired two-day course is required for those who are not currently GP educational supervisors (GP trainers).

The next dates will be delivered virtually on:

- Tuesday 18 January and Tuesday 25 January, 14:00-18:00
- Wednesday 19 January and Wednesday 2 February, 9:00-13:00
- Tuesday 15 March and Tuesday 22 March, 14:00-18:00
- Tuesday 10 May and Tuesday 17 May, 14:00-18:00.

The roadmap supervisor [training flyer](#) contains further information, including application criteria. Please contact the [KSS Primary Care School team](#) to register for this training.

Items of Interest...

Educational Supervisor course - March 2022

Expressions of interest are now being accepted for the next Educational Supervisor course and associated [Postgraduate Certificate in Strategic Leadership and Multi-professional Education in Healthcare \(PG Cert SLAMEH\)](#) starting in March 2022. The PG Cert SLAMEH has been developed by HEE KSS and the [School of Digital and Lifelong Learning at the University of Kent](#).

You will be required to register with University of Kent in January 2022, in readiness to commence teaching in March 2022.

The course requires six days of virtual teaching which will support your role as an Educator and provide a theoretical basis to support the three assignments as part of the PG Cert. Integrated into these teaching sessions are learning sets with a dedicated Academic Mentor to support your studies. The PG Cert SLAMEH programme has been designed to be portfolio-based learning which considers work already undertaken by clinicians. The initial award is for a PG Cert, but further study can lead to a Diploma and onwards to a Master's degree.

If you would like to join the next cohort, please express your interest via the [online form](#). Please note that this will not automatically grant you a place on the course.

Further information, including the virtual teaching dates, can be found on the [HEE KSS website](#).

Partners Pages



Please see below for the latest list of courses available:



Upcoming courses
with space available -

How to book:

Please login to your Invicta Health Learning account <http://invictahealth.learningpool.com>
to book a place or email learning@invictahealth.co.uk for more information!

***On behalf of all of us at the
West Kent Training Hub***



Thank you for all you do to support Primary Care

***Wishing you a Merry Christmas and a happy and healthy
2022***