

## What happens when you are tested for Corona virus (COVID 19)



A doctor or nurse will carry out the test.

They will need to swab your throat and your nose.

To keep you and them safe they will be wearing an apron, mask and gloves.

They will explain to you what they are going to do.



### Taking a swab from your throat

They will ask you to sit upright and tilt your head back.



You need to open your mouth and stick out your tongue.



The Doctor/nurse may have a torch to see into your mouth.

They may need to press down on your tongue so they can see.



They will ask you to say "Ahhhhh"

And will gently rub a swab at the back of your throat and at the very back of your mouth on both sides.

It won't hurt but may be a bit uncomfortable.



## **Taking a swab from your nose**

The doctor or nurse will tell you what they are going to do and give you the chance to ask questions.



If you have a runny nose, you will be asked to blow and clean your nose with a tissue before the swab is taken.

You will need to sit up straight and lean your head back.



The nurse or doctor will put the swab into your nose.

The swab will bend to the shape of your nose and the doctor or nurse will push it gently to where it needs to be.



They will then place a finger on the tip of your nose and press slightly.

They will then push the swab a bit more and gently turn the swab. This will not hurt but may be a bit uncomfortable.



The swab will then be removed put in a tube and sent off to the laboratory for testing.



You should know your results by: